

# Doing Justice Being Peace

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Biweekly Newsletter



Every year, humanity produces over 2 billion tonnes of solid waste. Stacked vertically, this mass of waste would tower over Mount Everest. **International Day of Zero Waste** on March 30 is a reminder to prioritize reducing consumption and embrace practices like reusing, repairing, repurposing and recycling as well as refusing to purchase single-use, disposable items.

March 31 celebrates **Indigenous Languages Day** in Canada. Languages are the threads that weave together wisdom, stories and traditions across generations, within families and communities. Safeguarding and revitalizing languages is key to nurturing each individual's unique identity, preserving cultural history and collective memory.



Autism affects 1 in 50 children in Canada, each with a distinct spectrum of traits. It's a lifelong neurodevelopmental difference, with abilities, skills and support needs evolving over time. Wear blue on **World Autism Awareness Day** (April 2) in solidarity with individuals and families impacted by autism.



April 6 marks the **International Day of Sport for Development and Peace**. United Nations partnerships such as “Football for the Goals” empowers youth, drives social change and contributes to global sustainability and peace initiatives. The universal appeal and popularity of sports coupled with the values of teamwork allow youth to align their passion, energy and enthusiasm around the collective causes of equality, climate action and non-violence.

Around the world, the right to health for millions is under threat – from climate disasters and migration to pollution and armed conflicts. These events cause illness, suffering and psychological distress. Despite 140 countries recognizing health as a human right, many fail to ensure access to essential services. **World Health Day** (April 7) themed **‘My health, My right’** advocates for universal access to quality health services, education, safe drinking water, nutritious food, clean air and freedom from discrimination.



*How wonderful it is that nobody  
need wait a single moment before  
starting to improve the world.*

*~ Anne Frank*



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