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Biweekly Newsletter



World Interfaith Harmony Week, February 1-7 promotes interfaith dialogue and encourages mutual understanding. It's a time to nurture peace, tolerance, and acknowledge our shared values.





The 2019 declaration "Human Fraternity for World Peace and Living Together" co-authored by Pope Francis, provides a model for interfaith solidarity, acknowledging our collective journey as one human family that requires love and support to coexist.

February 10, *World Pulses Day* celebrates nutritious legumes like beans, lentils, and peas – staples in global dishes such as hummus, baked beans, and minestrone soup.





February 11 is the *International Day of Women and Girls in Science*, dedicated to ensuring equal access for women in STEM fields – science, technology, engineering, and mathematics.

World Wetlands Day 2 February 2024



Did you know Canada has 25% of the world's wetlands? From inland marshes and bogs to coastal estuaries and lagoons, these biodiversity hotspots are home to fish, birds, plants, and animals.

Over a billion people – one in eight people on Earth - depend on wetlands for clean water, food, and jobs. Yet, they're disappearing, with 35% lost since 1970 due to activities like draining and infilling for agriculture and construction projects, overfishing, and pollution.

Wetlands significantly mitigate climate change by absorbing carbon dioxide, with peatlands alone storing double the carbon of all global forests. Wetlands also serve as a natural defense against extreme weather events like floods, droughts, hurricanes, and tsunamis.

In 2022, Sackville, New Brunswick became the first North American "Wetland City" under the *United Nations International Ramsar* Convention on Wetlands. This accreditation is granted for wetland conservation of international significance. Discover more: ramsar.org



In the harmony of nature, I discern the symphony of the Creator.

- Concepción Cabrera de Armida

A wetland ecosystem is a symphony of many species coexisting and thriving. Where do you experience this type of orchestration in your own life?

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