

Weekly Newsletter







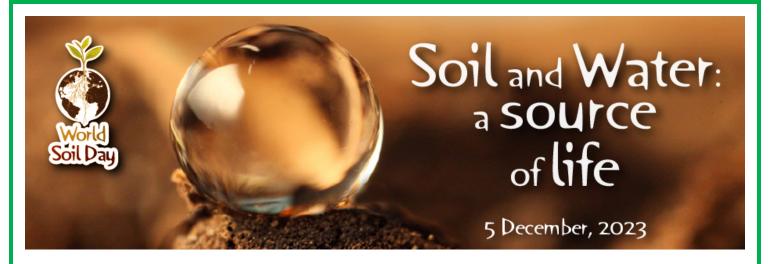
On December 1, World AIDS Day, wear a red ribbon or scarf to show support for those affected by HIV and AIDS as well as the frontline workers in community-led organizations. These groups provide leadership, personalized healthcare services, build trust, and continue to innovate region-specific solutions towards ending AIDS.



International
Day of
Persons with
Disabilities

**3 DECEMBER** 

Disability inclusion is key to upholding human rights and global progress. In moments of war, crisis, and conflict, people in vulnerable situations are often excluded and left behind. United, we can create a world that is accessible and fair.



Did you know that a single tablespoon of healthy soil contains more organisms than there are people on Earth? This micro-universe is the bedrock of our ecosystems, food production, and well-being.

Healthy soil safeguards nature, filters water, stores carbon, and boosts biodiversity, above and below the ground. Soil forms slowly, over centuries and its health is under threat from urban expansion, excessive use of pesticides and fertilizers, and extreme weather.

With climate change, sustainable agricultural practices like reduced soil tilling, crop rotation, and periodic soil resting periods are essential to preserving rich and fertile earth. Soil and water are not just resources; they're fundamental to all forms of life.

In 2022, the Senate Committee on Agriculture and Forestry began its study on soil health in Canada, the first such endeavor since 1984. **Follow their progress:** sencanada.ca/agfo



The earth is a sanctuary, a sacred altar, an object of veneration and the theater of human life.

- St. Macrina the Younger

Consider the practice of allowing soil to rest (be fallow) to regain richness and fertility. How does our own rest or silence mirror this natural process?

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